

# CDPHP® HDHMO Plan Benefit Summary



Marketing Plan ID: 428  
 Plan Code: SHBF4751  
 Group ID: PROSPECT  
 Presented For: PROSPECT  
 Date Prepared:  
 Effective Date: 20230101  
 Metal Tier: BRONZE

In-Network

<b>Cost Sharing Information</b>	
Deductible	\$6,350 Single / \$12,700 Family (Aggregate)
Out of Pocket Maximum	\$7,000 Single / \$14,000 Family (Embedded)
<b>Dependent Coverage</b>	
	Covered to Age 26
<b>Domestic Partner Coverage</b>	
	Covered
<b>Office Visits</b>	
PCP	Deductible then 20% Coinsurance
*PCP Cost share waived after deductible for members that are under age of 19	
Specialist	Deductible then 20% Coinsurance
<b>Telemedicine</b>	
Preferred Live Video Doctor Visits (aptihealth, Doctor on Demand, Foodsmart, MovN)	Deductible then Covered in Full
Other Participating Telemedicine Providers (Valera, Brave)	Deductible then 20% Coinsurance
Telehealth services from a CDPHP Network provider (PCP or Specialist)	PCP or Specialist cost share based on provider
<b>Preventive and Well Care Services*</b>	
Well Baby and Child Care including immunizations	Covered in full
Annual Adult Exam (One exam per plan year regardless if 365 days have passed)	Covered in full
Mammography	Covered in full
Annual Pap Test and Ob/Gyn Exam	Covered in full
Prostate Cancer Screening	Covered in full
Bone Density Tests	Covered in full
*Cost sharing may apply to diagnostic care	
<b>Retail Prescription Drugs</b>	
*Deductible applies. Preventive prescription drugs are not subject to the medical plan deductible.	
Tier 1 Drugs	20% Coinsurance
Tier 2 Drugs	20% Coinsurance
Tier 3 Drugs	20% Coinsurance
Specialty Drugs	20% Coinsurance
Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription). Mail order, 2.0 copayments for a 90 day supply. Prescriptions must be written by a duly licensed health care provider and filled at a participating pharmacy, unless otherwise authorized in advance by CDPHP. Specialty drugs are not eligible for the mail order program and require preauthorization to be obtained through CDPHP's participating specialty vendors. This plan uses <a href="#">CDPHP Formulary 2</a> .	
<b>Hospital Services</b>	
Inpatient Hospital (semi-private room, anesthesia, X-Ray, lab tests, etc)	Deductible then 20% Coinsurance
Outpatient Surgery	Deductible then 20% Coinsurance
<b>Maternity Services*</b>	
Maternity - Routine Prenatal Care and Postnatal Care	Covered in Full*
Maternity - Inpatient Hospital Services	Deductible then 20% Coinsurance
Newborn Nursery	Deductible then Covered in full
*(Non-routine services may result in an additional cost share)	
<b>Emergency Care</b>	
Worldwide Emergency Room Care (waived if admitted inpatient)	Deductible then 20% Coinsurance
Ambulance	Deductible then 20% Coinsurance
<b>Urgent Care</b>	
When seeking care within CDPHP's Service Area, a participating Urgent Care Center must be used.	Deductible then 20% Coinsurance

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## Diagnostic Testing\*

Outpatient Hospital or Office Based Laboratory Services: * Deductible/Coinsurance waived if provider is a preferred laboratory.	Deductible then 20% Coinsurance
Outpatient Hospital or Office Based Radiology Services: * Coinsurance waived if provider is a preferred center.	Deductible then 20% Coinsurance

## Prescription Drugs Administered in Office or Outpatient Facilities\*

PCP Office	Deductible then 20% Coinsurance
Specialist Office	Deductible then 20% Coinsurance
Outpatient Facility	Deductible then 20% Coinsurance

\*the cost share applies to the drug only, there is no separate cost share for the administration of the drug

## Behavioral Health Services

Mental Health/Substance Use Inpatient Services	Deductible then 20% Coinsurance
Mental Health/Substance Use Outpatient Services	Deductible then 20% Coinsurance

\*(Up to 20 visits per plan year may be used for substance use family counseling.)

## Condition Support Services

Outpatient Rehabilitation/ Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy) *(60 visits per condition per plan year combined therapies for OT, PT, ST)	Deductible then 20% Coinsurance
Home Health Care (40 visits per plan year)	Deductible then Covered in full
Skilled Nursing Facility (365 days per plan year)	Deductible then 20% Coinsurance
Chemotherapy/Radiation Therapy visit (See also Prescription Drugs Administered in Office for Drug cost share)	Deductible then 20% Coinsurance
Prosthetic Devices and Durable Medical Equipment	Deductible then 20% Coinsurance
Hearing Aids	Deductible then \$399 or \$699 Copayment through Hearing Care Solutions

## Diabetic Services

Includes Insulin, oral medication, needles and syringes - up to a 30 day supply, Glucometers and Diabetic DME. Insulin is limited to \$100 out of pocket per 30 day supply.	Deductible then 20% Coinsurance
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## Vision Services

Routine Adult Vision Exam (One exam per plan year)	Deductible then 20% Coinsurance
Adult Glasses/Contacts	Coverage is for standard lenses and frames or contact lenses, up to a \$75 reimbursement
Routine Pediatric Vision Exam (One exam per plan year)	Deductible then 20% Coinsurance
Pediatric Glasses/Contacts (One prescribed lenses and frames per plan year. Standard Frames)	Deductible then 20% Coinsurance
Laser Eye Surgery	Up to a maximum of \$750 reimbursement for eligible eye surgeries and consultations per lifetime

## Wellness Care

Weight Management	Up to a \$100 reimbursement available for participation in a weight loss program
Fitness Reimbursement	Subscribers can be reimbursed up to \$400 per plan year for qualified fitness activities. Of the \$400, up to \$200 can be applied for reimbursement of wearable fitness devices. Covered dependents can be reimbursed up to a combined \$200 for qualified fitness activities and youth sports fees for members under age 18. Of the \$200, up to \$100 can be applied for reimbursement of wearable fitness devices.
Child Birthing Classes	Up to \$75 reimbursement available for completion of child birthing class
Doula Reimbursement (A doula is a trained companion who supports another person through pregnancy and childbirth)	\$1,500
Life Points Rewards	Participating (Up to \$180 Life Points per contract per calendar year)
Acupuncture (10 visit limit per plan year for acupuncture services)	Deductible then 20% Coinsurance

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Nutritional Counseling	Deductible then 20% Coinsurance
Chiropractic Benefits	Deductible then 20% Coinsurance

*This Summary of Benefits is intended to provide a general outline of coverage. In the event of any conflict between this document and the member's Certificate and any applicable Rider(s) issued by CDPHP, the Certificate and Rider(s) will be the controlling documents.*

*CDPHP gives you access to more than 12,000 participating practitioners and providers, including most of the local hospitals, and a variety of value-added services to help you and your family stay healthy. If you have a question or wish to receive additional information, please contact the CDPHP marketing department at (518) 641-5000 or 1-800-993-7299 or visit our Web site at [www.cdphp.com](http://www.cdphp.com).*

*Please Note. All non-emergency services must be provided by a Capital District Physician's Health Plan, Inc.® (CDPHP) Participating Physician/provider (including hospital admissions) unless otherwise preauthorized by CDPHP. Please Note. All non-emergency services must be provided by a Capital District Physician's Health Plan, Inc.® (CDPHP) Participating Physician/provider (including hospital admissions) unless otherwise preauthorized by CDPHP.*